

Ejercicios resueltos > Short Compositions

Do you think that the State should promote or forbid some kinds of food?

**Planificación**

- Express your personal opinion
- ? Types of food which the State should promote
- ? How could the state reeducate the public?
- To conclude: is some control necessary?

En este apartado tienes que tratar de utilizar expresiones y vocabulario variado.

Write about 100 to 150 words in the following topic: Do you think that the State should promote or forbid some kinds of food?

I think that the State cannot forbid some kinds of food but it does have the responsibility to educate and inform the general public so as to help them acquire healthier eating habits. For example, I believe it is necessary for the government to promote daily intakes of fruit and vegetables in our diets; advise against the abuse of fast food and encourage more traditional home cooking.

In the long run, the state would save money as the population became healthier. In this way, the public expenditure on illnesses caused by unbalanced diets and junk food could be reduced.

It would be impossible for any government to forbid the consumption of certain types of food. This would be an infringement of individual rights, but obviously some control should be necessary to prevent food in bad conditions from being sold in the market.