

Ejercicios resueltos > True or false

Plastic surgery: Beauty or beast - True or False

Some psychologists are worried about the psychological impact on those who undergo drastic cosmetic surgery – and also on those who don't and, consequently, may feel inadequate. Although radical transformations are rare, some psychologists plan to investigate the surge in cosmetic procedures and whether these surgeries have any lasting psychological consequences. The number of cosmetic operations increased by 44 percent from 2003 to 2004, according to the American Society for Aesthetic Plastic Surgery. Plastic surgeons conducted a record 11.9 million procedures last 5 year, both non-surgical (like Botox) and surgical (like breast augmentation or liposuction).

How do such practices affect patients psychologically? Social workers have made a recent analysis of 37 studies on patients' psychological and psychosocial functioning before and after cosmetic surgery. It suggests positive outcomes in patients, including improvements in body image and possibly a quality-of-life increase too. But the same research – published in April 2005 – also found several elements of poor outcomes, especially for those who hold unrealistic expectations or have a history of depression and anxiety. The researchers found that patients who are dissatisfied with surgery may request repeat procedures or experience depression and adjustment problems, social isolation, family problems, self-destructive behaviours and anger toward the surgeon and his or her staff.

Are these statements TRUE or FALSE? Justify your answers with the precise words or phrases from the text. (?)

- Radical transformations are frequent after cosmetic surgery
- Botox is a cosmetic technique used by surgeons
- Plastic surgeons conducted the analysis of 37 studies on patient's psychological reactions
- People suffering from depression usually react well after surgery

Explicación: Para la primera afirmación el párrafo relevante es:

"... Although radical transformations are rare, some psychologists plan to investigate."

La afirmación es falsa ya que según el texto, los cambios radicales (*radical transformations*) son poco comunes, y no algo frecuente como se afirma en la oración.

Mientras que para la segunda es:

"Plastic surgeons conducted a record 11.9 million procedures last year, both non-surgical (like Botox) and surgical (like breast augmentation or liposuction)."

La afirmación es verdadera ya que aunque el Botox no es una operación quirúrgica (*non-surgical*), sí es una técnica realizada por cirujanos (*plastic surgeons*).

Y para la tercera:

"Social workers have made a recent analysis of 37 studies on patient's psychological and psychosocial functioning before and after cosmetic surgery"

La respuesta es falsa debido a que quiénes han realizado el análisis de 37 pacientes han sido los trabajadores sociales, y no los cirujanos plásticos como dice la afirmación.

Y para la cuarta:

"But the same research - published in April 2005 - also found several elements of poor outcomes, especially for those who hold unrealistic expectations or have a history of depression and anxiety."

Según el texto, las investigaciones han demostrado que aquellos pacientes con antecedentes de depresión acaban con malos resultados (desde el punto de vista psicosocial y psicológico) después de someterse a una operación plástica. Por lo tanto, no reaccionan bien después de la cirugía y la afirmación es falsa.